

A multi-centre prospective randomized controlled clinical trial to compare the effectiveness and cost of a static air mattress and alternating air pressure mattress to prevent pressure ulcers in high risk nursing home residents

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**308 patients
>65 years**



26 Care homes



High risk

Braden score ≤ 12 and/or Braden subscale score for mobility ≤ 2

Intervention

repose[€]

Incidence

5.2%

Intervention



11.7%

Control

Incidence density

**0.41/100
days**



**0.89/100
days**

Control

(alternating air pressure mattress)

Time to develop

10.5 days

Intervention



5.4 days

Control

Cost

0.20 €



0.53 €

Repose works!

**1/2 the
incidence rate**

$p = 0.04$



**Pressure
ulcer free
for twice
as long**

$p = 0.05$



**Less than
1/2
the cost**



The findings suggest
Repose is both clinically
& cost effective when
compared to alternating
mattresses